

BRIDGE GOING DEEPER FOR ADULTS - FEBRUARY 2020

SACRAMENTS

Bridge is our Monthly Faith Formation Program for all ages!

Each month we will talk about a different topic and provide additional resources for families and for adults that might want to go a deeper!

We talked this month about the Seven Sacraments of the Catholic Church as well as what it means to be a Sacramental People who recognize sacramental moments.

Here are a few articles we recommend for further reading:

Everyday Sacraments: Final lessons of love

Angela Alaimo O'Donnell (America Magazine)

<https://www.americamagazine.org/issue/everyday-sacraments>

The Seven Sacraments

(Relevant Radio)

<https://relevantradio.com/faith/catholicism-101/the-seven-sacraments/>

Want to review a little more about the sacraments? Check out Busted Halo's series Sacraments 101 and Sacraments 201

<https://bustedhalo.com/category/video/sacraments101><http://www.usccb.org/beliefs-and-teachings/what-we-believe/morality/index.cfm>