

## **BRIDGE GOING DEEPER FOR ADULTS - MARCH 2020**

### **THE MASS**

Bridge is our Monthly Faith Formation Program for all ages!

Each month we will talk about a different topic and provide additional resources for families and for adults that might want to go a deeper!

Here are some additional resources on the Mass for Adults to learn a little more:

#### **A walk through of the Mass (article)**

The Structure and meaning of the Mass(article) <http://www.usccb.org/about/public-affairs/backgrounders/structure-and-meaning-of-the-mass-backgrounder.cfm>

#### **This three part series that starts with the clip we watched at Bridge :**

The Mass Part I <https://www.youtube.com/watch?v=MTReSiFoWEk&t=28s>

The Mass Part II: <https://www.youtube.com/watch?v=3SsZUsZ6by4>

The Mass Part III: <https://www.youtube.com/watch?v=Syj8XHnCIGM>

All the videos are less than ten minutes. Part II and III continue where we started in the adult session.

**Another resource is a teaching Mass** - we have them occasionally at Holy Family but here is a video of one done by Fr Mike Schmitz.

<https://www.youtube.com/watch?v=VCtZmLrFkqk&t=1870s>