



# Holy Family Church

601 Tremont Street, Duxbury MA 02332  
www.holyfamilyduxbury.org  
781-934-5055



## 1<sup>ST</sup> SUNDAY OF LENT

The devil said to him, "All this will be yours, if you worship me."  
Jesus said to him in reply, "It is written:  
You shall worship the Lord, your God,  
and him alone shall you serve."  
- Lk 4:6a, 7-8

**Holy Family strives to be a joyful, welcoming community of faith that encounters Jesus and thinks with His mind and loves with His heart.**

**March 9, 2025**

MASS INTENTIONS

Saturday, March 8  
 5:00 pm Barbara Lydon – Anniversary  
 Sunday, March 9  
 7:30 am Our Parishioners  
 9:00 am Dr. Mike Donovan – Anniversary  
 10:30 am Tom Downey – Memorial  
 5:00 pm Louis & Lenora Cormier – Anniversary  
 Monday, March 10  
 8:15 am Linda O'Brien – Living Healing  
 Tuesday, March 11  
 8:15 am Patricia Cummings – Memorial  
 Wednesday, March 12  
 8:15 am Walter Zorn – Memorial  
 Thursday, March 13  
 8:15 am Msgr. William Glynn – Anniversary  
 Saturday, March 15  
 5:00 pm Jack DiCenzo – Anniversary  
 Sunday, March 16  
 7:30 am Our Parishioners  
 9:00 am Sharon Andrew – Memorial  
 10:30 am Edward M. Doheny – Memorial

PASTOR'S CORNER

What have you decided to do for Lent? Traditionally, we reflect on what Jesus came to do for us. By suffering and dying on the Cross, Jesus has taken upon himself our sins and the sins of the world, which expresses God's great mercy and forgiveness. In Lent, we prepare to renew our Baptismal promises at Easter by coming to terms with the ways we have not always renounced evil and sin, and have not put God at the center of our lives. We haven't always nurtured the gift of our Baptism. Consequently, in Lent, we take on some spiritual disciplines like prayer, fasting and almsgiving (charity), in order to root out sinful habits and renew God's divine life (grace) within us, which was first given at Baptism. We make more of an effort to participate at Mass each week - or even, every day. We plan a regimen of daily prayer / reflection. We look for ways to reach out to those in need whom God has placed on our path.

Bishop Robert Barron writes about the meaning of Baptism quoting the great theologian, Gregory of Nazianzen: " 'Baptism is God's most beautiful and magnificent gift. . . It is called 'gift' because it is conferred on those who bring nothing of their own; 'grace' since it is given even to the guilty.' Jesus said, 'It was not you who chose me, but I who chose you.' Baptism is the sacramental ratification of that choice. And, this is why we speak of Baptism as justifying us and washing away our sin. We are—all of us—born into a deeply dysfunctional world, a world conditioned by millennia of selfishness, cruelty, injustice, stupidity, and fear. This has created a poisonous atmosphere that conditions all of our thoughts and motives and actions. Do you see why the stress on grace is so important? Baptism is the moment when the Holy Spirit draws us out of this fallen world and into a new world, the very life of the Trinity. That's why Baptism involves being born again, lifted up, enlightened, transformed, saved—and why the Church speaks of the baptized as a 'new creature.'" (Daily Gospel Reflection – Jan. 12, 2020 – Feast of the Baptism of the Lord.) How will you allow the Baptismal grace you first received long ago be rekindled this Lent so that you can renew your Baptismal promises at Easter with conviction? Start by receiving the Sacrament of Reconciliation (Confession) followed by frequent reception of Holy Communion. Strengthened by the powerful graces offered in these Sacraments and your Lenten spiritual disciplines, you will reflect more perfectly the image of Christ into whom you were baptized... as a 'new creature.'" At Easter, don't be surprised if someone stops and says to you, "There's something different about you!"



WEEKEND MASS SCHEDULE

SATURDAY: 5:00 PM

SUNDAY: 7:30 AM, 9:00 AM,  
 10:30 AM and 5:00 PM

The 9:00 am Mass is live-streamed at

[www.holyfamilyduxbury.org](http://www.holyfamilyduxbury.org)

(Scroll down on the homepage to find the live stream)

DAILY MASS SCHEDULE

MON- FRI: 8:15 AM

*in the main church*

CONFESSIONS

SATURDAY: 4:00-4:45 PM

FIRST FRIDAYS: 6:30-7:30 PM

*Accessible by rear door of church*

EUCCHARISTIC ADORATION

FRIDAY: 9:00 AM -7:00 PM

*Includes Chaplet of Divine Mercy at 3 pm and Evening Prayer/Benediction at 5 pm in Our Lady's Chapel  
 Accessible by rear door of church*



Please note we no longer have an 8:15 am Mass on Saturday.

God bless you!  
 Fr. Bob

## DUXBURY, MA

### PARISH STEWARDSHIP

<b>Weekly Parish Offertory Budget</b>	<b>\$15,385</b>
Offertory collected on 3/2	\$ 7,959
Online giving 3/2	<u>7,185</u>
Total for 3/2	\$15,144

*Thank you! We are a generous people and our God is a generous God.*



**LEGACY SOCIETY** - Please remember Holy Family Parish in your will. It is a wonderful way to help pass on the legacy of our faith to future generations of parishioners! When you do, please let us know so you can join the Legacy Society. Contact our Finance & Operations manager, Cheryl Provost for details.



**HEALING SERVICE** - led by Deacon Jack Sullivan will take place here at Holy Family on Friday, March 21 beginning with Evening Prayer at 5:00 pm followed by Benediction, in the chapel, before the healing service at 5:30 pm in the main church. In July 2009, Pope Benedict XVI announced that Deacon Jack's sudden and remarkable healing from a crippling spinal injury - after prayer for Cardinal John Henry Newman's intercession - was a miracle, which led to Cardinal Newman's beautification in September 2010. Deacon Jack will bless attendees with a relic of St. John Henry Newman. For more information, contact Deacon Jack at 781-563-2107.



### **MINISTERS NEEDED FOR THE SUNDAY 5 PM MASS**

- We are in need of Ushers, PowerPoint Clickers, Eucharistic Ministers, and Greeters on Sunday evenings. If you don't regularly attend the 5 pm Sunday Mass, would you be willing to give one Sunday a month to help our community worship more fully? Do you regularly attend Sunday evening Mass but are new to Holy Family or have never thought of yourself as a minister? This could be your calling! We will train new people and utilize our more experienced volunteers in the various ministries to help lead. We need both new and experienced volunteers in the these ministries. If able to help, please contact Jeanne Cregan at [jcregan@holyfamilyduxbury.org](mailto:jcregan@holyfamilyduxbury.org).



### **CATHOLIC APPEAL - FORWARD IN FAITH**

- Next weekend, the 2025 Catholic Appeal will officially launch here at Holy Family parish and across our Archdiocese. As your pastor, I hope and encourage you to join me in making a gift to this year's Catholic Appeal. As we celebrate the 2025 Jubilee Year of Hope, our participation in the Catholic Appeal signifies an important way that we can share Christ's promise, care, and love with others. For those who have already made a gift, please know that I am deeply grateful. We are hoping to have 100% participation from our parish! When we reach our Appeal goal of \$226,700 our parish will receive funds back for our local programs and ministries. To make an online gift, please visit: [www.bostoncatholicappeal.org](http://www.bostoncatholicappeal.org).

Thank you for moving us "Forward in Faith"!  
-Fr. Bob



**DO YOU NEED PRAYERS?** - A Prayer Ministry Phone Line is available here at Holy Family. Call the Phone Line at 781-934-5055 (x133). Leave your name (it can be only your first name) and the specific prayer request. The intention will be passed along to the members of this intercessory prayer ministry. If you wish someone to call you back to acknowledge your request, please leave your phone number as well.



**NEED HELP GETTING to the DOCTOR?** - "Driven to Aid" is a Holy Family ministry that will drive you to a doctor's visit or hospital appointment as far away as Boston. Our growing list

of drivers could always use more volunteers. If you need such a ride or could do the driving, please contact Deacon Art Keefe - 781-264-0473.

### **ARE YOU BEING CALLED TO HELP OTHERS?**

Each day over 100 Beth Israel Deaconess-Plymouth Hospital Catholic patients are offered Holy Communion and a compassionate visit. But they need help, contact Robert Lyons at 508-830-2626, if you are being called. The only requirement is a desire to help others and love in your heart. You will be trained by your parish as an Extraordinary Minister of the Eucharist, if you are not already serving in this ministry.

## FIRST SUNDAY OF LENT

# LENT RESET



Sign up to receive our daily Lent reflections text messages!

Looking for some motivation this Lent? Sign up for the Lent Reset and receive a text everyday of Lent. (You can join anytime.)

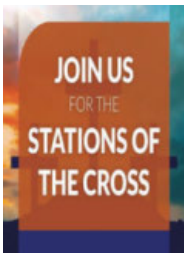
We will share simple Lenten practices to recenter your faith through self-care, reflection and prayer

Scan the QR Code to sign up!

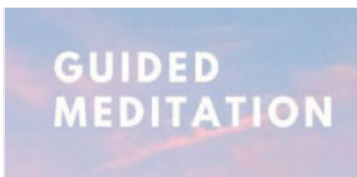


**END HUNGER NE** - Save the date! Saturday, April 12 from 8-2! We will once again be partnering with End Hunger and be hosting a meal packaging event at Holy Family. You will be hearing more about End Hunger including

ways to sign up to volunteer very soon. Last year we raised over \$20,000 which funded and packaged 57,500 meals. It would be wonderful to do the same this year and as we begin to prepare, we ask for your prayers for those who will receive our meals, those that will package the meals and all those involved in planning this amazing day! Questions about End Hunger or want to get more involved, contact Jeanne Cregan [jcregan@holyfamilyduxbury.org](mailto:jcregan@holyfamilyduxbury.org). Our parish has been amazingly generous in the past. If you would like to make a donation to help fund our meals, you can do so by donating to help those in need and support out End Hunger event at this link: <https://giving.parishsoft.com/App/Giving/hfdx> by just choosing End Hunger Donation.



**FAMILY STATIONS OF THE CROSS & PIZZA** - All Fridays during Lent at 5:00 pm, please join us in the church for Stations of the Cross. Following stations, please come for pizza in the parish center. Stations are family friendly, as is the atmosphere, but all are welcome!



**GUIDED MEDITATION** - will be provided after all Masses here at Holy Family on the weekend of March 22/23 in Our Lady's

Chapel. This form of imaginative prayer invites the participant to enter into the scene depicted by the Scripture and reflect on the movements engendered in the mind and heart by the Holy Spirit. Plan on remaining after Mass for 20 minutes to help you learn and enjoy this special kind of prayer, which will help you encounter the Lord in a personal way.

### LENTEN REGULATIONS

**ABSTINENCE:** Catholics over 14 years of age are bound to the obligations of abstinence, to be observed on Ash Wednesday and the Fridays of Lent. On days of abstinence, meat may not be used at all.

# TAKE OUT HUNGER

LET'S FUND MEALS FOR THE HUNGRY

**Lenten Almsgiving is the practice of giving to those in need as a spiritual discipline during Lent. Take a mite box and join our Faith Formation Families in this Lenten Practice to support our End Hunger meal packaging event.**



These Mite Boxes are Almsgiving. We make sacrifices during Lent and donate the money we would have spent. Take one from the narthex and return by April 6.

**MARCH 9, 2025**

**STOP HUMAN TRAFFICKING: WHAT YOU SHOULD KNOW, WHAT YOU CAN DO!** - is a panel discussion being offered this Thursday, March 13, 6:00-8:00 pm at St. Peter's Parish Center, 10 Memorial Drive, in Plymouth. Every year millions of people fall victim to traffickers throughout the world, including our own community. The panel consists of two religious sisters and other professionals who advocate for victims and survivors of human trafficking. It would be wonderful to have a group from our parish attend the event and discuss how we as a parish might respond! Jeanne Cregan will be at this event and would love to connect if you attend so we can discuss how our parish might respond. For more info visit: [maryqueenofmartyrs.org/events](http://maryqueenofmartyrs.org/events).



**PROJECT RACHEL POST-ABORTION HEALING RETREATS** - *Are you – or someone you know – seeking peace after an abortion?* The Project Rachel ministry of the Archdiocese of Boston extends a special invitation to women experiencing regret from a past abortion to attend a *Come to the Waters of Healing* one-day retreat. Spring dates are next Sat., March 15 and Sat., May 10. Locations are confidential. For more information on the retreats or other services, contact Project Rachel at 508-651-3100 or [help@projectrachelboston.com](mailto:help@projectrachelboston.com).



**SPIRITUAL RETREAT FOR GRIEVING PARENTS** - Sat., March 22 from 9:30 am - 6:30 pm. Losing a child under any circumstance is devastating. Focusing on the spirituality of the grieving process can help. The Emmaus Ministry is for parents whose children of any age, have died by any cause, no matter how long ago. Please join Fr. Joe and other parent companions at Mary Queen of Martyrs Parish, Our Lady of Lourdes, 130 Main St. Carver. Retreat agenda includes prayer services, optional sharing, breakout sessions, Emmaus Walk, Mass, and time for reflection. Participation in all sessions is totally optional. You will not be required to introduce yourself, tell your story, or share anything at all. Many parents participate by listening. The purpose of the retreat is to give yourself this gift of time on your spiritual journey, inviting you to consider ~ Where is God in my pain? ~ Where is my child now? ~ How can my faith help me through this new reality of life without my child? Registration includes lunch, dinner, snacks, beverages, and all retreat materials. Cost: Free-Will Offering (online or at the retreat). Please contact Christine Davenport 508-776-6309 or Betty Whittaker 508-747-8917. Pre-Registration is required. Learn more at [www.emfgp.org](http://www.emfgp.org)

**Boston Catholic Men's Conference**  
March 22, 2025 8:30AM to 5:30PM  
*A Man After God's Own Heart*  
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Closing Mass will be Celebrated by Archbishop Richard Henning

Jim Wahlberg      Chris Stefanick      Mother Olga

Deacon Larry Oney      Fr. Larry Richards      Dan Donaldson

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For Tickets, Visit [www.bostoncatholicmen.com](http://www.bostoncatholicmen.com)

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**A MORNING FOR CHRISTIAN MENTAL HEALTH SPECIALISTS** - The Family Life team invites all Christian/Catholic mental health professionals to a breakfast gathering on Sat., Mar. 29 from 9-11:45 am at the Pastoral Center, Braintree. Come to pray, connect, share ideas, and resources, and enjoy fellowship together. Bishop Cristiano Barbosa will offer Mass with a special blessing upon the participants. For more info., visit [bit.ly/MHProfessionalsBreakfast](http://bit.ly/MHProfessionalsBreakfast).

**A MORNING OF REFLECTION FOR THOSE IMPACTED BY DIVORCE AND SEPARATION** - The Archdiocesan Family Life team invites all those impacted by divorce and separation to a Morning of Reflection at the Pastoral Center, Braintree on Sat., April 5 from 8:45 am to noon. Psychologist Christine Williams, PhD, will speak on the power of prayer and ways to alleviate stress. The program features a light breakfast, witness talk, small group sharing, Mass, and Confession. For more information, call Emily Elliott at 617-746-5756 or visit [bit.ly/ImpactedByDivorce](http://bit.ly/ImpactedByDivorce).



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Abogada Alexandra Abogada de Inmigración

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Pastor: Very Rev. Robert J. Deehan, V.F.\*  
 Senior Assistant: Rev. William G. Williams  
[williamtimes2@gmail.com](mailto:williamtimes2@gmail.com)  
 Deacons: Donald R. Larose\*  
 David Cosgrove\*  
 Senior Deacon: Arthur J. Keefe  
[artkeefe88@gmail.com](mailto:artkeefe88@gmail.com)  
 Pastoral Associate: Jeanne Cregan\*  
 Finance & Operations Manager: Cheryl Provost\*  
 Parish Admin. Assistant: Kristen McArdle  
[office@holyfamilydubury.org](mailto:office@holyfamilydubury.org)  
 Director of Family Faith Formation: Matthew Bensman\*  
 Family Faith Formation Minister (p/t): Jackie Halpin Curran\*  
 Faith Formation Adm Asst (p/t): Mary Juliano Hayes\*  
 Media Specialist (p/t): Abby Cirincione\*  
 Music / Liturgy Director: Mary Keefe\*  
 Music Coordinator (p/t): Liz Petrell  
 Accompanist (p/t): Brian Pierce\*  
 Maintenance / Custodian (p/t): Tim Heinstadt\*  
 \*Asterisk indicates e-mail address is first initial of first name plus last name@holyfamilydubury.org

**SACRAMENT OF MARRIAGE**

Engaged couples should contact the Parish Office at least 6 months prior to the proposed date and before finalizing reception plans.

**SACRAMENT OF BAPTISM**

Baptism: 2nd and 4th Sunday of each month 12:30 pm  
 Contact the Parish Office to register.



**FACING A LIFE CHALLENGE?** - Our parish Stephen Ministry offers one-on-one confidential care and support. Contact Deacon Don Larose (781-635-5502) or Colleen Larose (339-832-2366) or email [stephenministry@holyfamilydubury.org](mailto:stephenministry@holyfamilydubury.org).



**SUPPORT FOR THOSE EXPERIENCING ADDICTION AND/OR FOR THEIR LOVED ONES**

- Sponsored by the Archdiocese of Boston, this ministry offers confidential, caring and spiritual support to those experiencing addiction and/or to their loved ones who are suffering due to this affliction. Local contacts are Eileen Cerne at 781-424-8533 or Paul Kasimatis at 781-934-5890.

**ST. VINCENT dePAUL**

Emergency financial assistance: 781-361-3595

**DRIVEN TO AID**

Transportation to medical appointments  
 Contact Deacon Art Keefe 781-264-0473

**PASTORAL VISITATION**

When confined to home, please call the Parish Office to arrange for a visit and Holy Communion.

**HOLY FAMILY PRAYER LINE**

781-934-5055 (ext. 133)

Leave your name and specific Prayer Request

**PARISH PASTORAL COUNCIL**

George Burns 617-504-6691 Vice-Chairperson  
 Fr. Bob Deehan Chairperson  
 Jeanne Cregan ex-officio  
 Maeve Bresnehan (youth), Aimee Casale-McCarthy,  
 Kylie Gallagher (youth), Susan Gandt, Chad Joyce, Dan Mastrogiacomo, Tim McKinney, Fran Russell, Maryann Salzillo, Sarah Strauss (youth), Michelle Taylor.

**PARISH FINANCE COUNCIL**

Paul Casale Chairperson  
 Fr. Bob Deehan ex-officio  
 Cheryl Provost ex-officio  
 Paul Brogna, Tom Kazanowski, Belinda MacLaren,  
 David Madigan.

**REGULAR MEETINGS**

**Christian Men in Discussion**

Saturdays at 7:00 am-8:00 am

Contact Deacon Donald Larose

[dlarose@holyfamilydubury.org](mailto:dlarose@holyfamilydubury.org)

**Daytime Bible Study**

Thursday (Sept.-June) at 10:00 am-11:30 am

**The Respect Life Committee**

Second Saturday of the month 9 am -10 am

Contact Jim Murphy at [grndfrmurphy@gmail.com](mailto:grndfrmurphy@gmail.com)

**The Prayer Shawl Ministry**

First Tuesday of each month at 1 pm to 3 pm

Contact Mary Jane Roche at 781-264-4943

**Rite of Christian Initiation of Adults (RCIA)**

Contact Ken McCarthy 617-549-4620

**BULLETIN DEADLINE: MONDAY 10 AM \***

\*Subject to change due to occasional early deadline date

**COMING OR GOING? PARISH CENSUS REGISTRATION UPDATE**

- Please complete the following to update our parish records... whether you've recently moved here, are about to move away, or are a young person setting out on your own.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CIRCUMSTANCES: \_\_\_\_\_

(Please clip this out and drop in the collection basket or email our Parish at [office@holyfamilydubury.org](mailto:office@holyfamilydubury.org)).