

FOURTH SUNDAY IN ORDINARY TIME

HE WENT UP THE  
MOUNTAIN AND BEGAN  
**TO TEACH.**

— MATTHEW 5:1 —



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**FEBRUARY 1, 2026**



**Welcome to Holy Family! We are so happy that you are here with us!**

**Mass Intentions**

Saturday, January 31
5:00 pm Leo A. Russell - Memorial
Sunday, February 1
7:30 am Our Parishioners
5:00 pm Ann Horgan - Birthday Anniversary
Monday, February 2
8:15 am Msgr. McRae - Anniversary
Saturday, February 7
5:00 pm Genevieve Stauble - Anniversary
Sunday, February 8
7:30 am Our Parishioners
9:00 am David Collins - Anniversary
10:30 am John Slattery - Memorial
5:00 pm Carolyn Cunningham - Memorial

**Pastor's Corner**

The reality of evil in the world manifests itself in various ways, both obvious and subtle. Every time we pray the Our Father, we say: "deliver us from evil." War, genocide, murder, child abuse, domestic violence and satanic involvement are rather obvious examples. Yet, other types, such as animosity followed by hateful and even unkind words, can be more subtle, such as detraction, slander, and gossip, which can destroy one's reputation and honor. These actions, whether obvious or subtle, that are opposed to love/charity and meant to work against a person's well-being are evidence of evil intent, and when performed are sinful. The devil/evil one is a spiritual reality that we don't often talk about. Still, it is something we must face often in connection with temptation.

On September 23, 2024, in a general audience, Pope Francis offered a helpful reflection on this topic. He said Christians must acknowledge the reality of the devil acting around them and remain steadfast in resisting his temptations. Reflecting on the Gospel reading from St. Matthew in which Jesus is led into the wilderness by the Holy Spirit to be tempted by the devil, Pope Francis noted that modern technology, in addition to its positive elements, provides "countless means to give an opportunity to the devil" to enter people's lives, "and many fall in the trap." "Think of online pornography, behind which there is a flourishing market: this is a very widespread phenomenon which Christians should beware of and strongly reject," he said. "Any cell phone has access to this brutality, to this language of the devil -- online pornography." The pope commented that contemporary society is "witnessing a strange phenomenon regarding the devil," since "at a cultural level, it is held that he simply does not exist." Rather than be understood as a real agent of diabolic activity, he said the devil today is often viewed as a "metaphor" and enters people's lives through "superstition," as reflected in the secularized world "teeming with magicians, occultism, spiritualism, astrologers, sellers of spells and amulets, and unfortunately with real satanic sects." Yet, "the strongest proof of the existence of Satan is found not in sinners or the possessed, but in the saints," he said. "It is in the lives of the saints that the devil is forced to come out into the open, to cast himself 'against the light.'" All the saints testify to some degree of their struggle with the devil, the pope said, "and one cannot honestly assume that they were all deluded or mere victims of the prejudices of their time." He encouraged Christians to look to Jesus' example in resisting temptation by "striking with the word of God" and being firm in keeping their distance from the devil. "With the devil one does not dialogue; one sends him away, (keeps him at a) distance," he said. "And all of us have had the experience of how the devil approaches us with some temptation against the Ten Commandments. When we feel this, stop -- distance! Do not approach the dog tied to its chain." (Portions of this piece come from a report by Justin McLellan, "Never Dialog with the Devil," Catholic News Service, World, Sept. 25, 2024)

**Sanctuary Light** given this month in loving memory of Anne Marie Collins and Anne Goodwin from Christine Barrett

+ SCHEDULE

WEEKEND MASS TIMES

<b>SATURDAY</b> 5:00 PM	<b>SUNDAY</b> 7:30 AM, 9:00 AM, 10:30 AM, 5:00 PM
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The 9:00 am Mass offers **Children's Liturgy of the Word** and is **live-streamed** at [www.holyfamilyduxbury.org](http://www.holyfamilyduxbury.org)  
*(Scroll down on the homepage to find the live stream)*

DAILY MASS TIMES

**MON- FRI:** 8:15 AM *in the main church*

CHAPEL HOURS

**OPEN FOR PRIVATE PRAYER DAILY**  
9:00 AM to 4:00 PM

EUCHARISTIC ADORATION

**FRIDAYS:** After 8:15 AM Mass ending at 7 PM.  
Evening Prayer and Benediction: 5:00 PM

CONFESSIONS

<b>SATURDAY</b> 4:00-4:45 PM	<b>FIRST FRIDAYS</b> 6:30-7:30 PM
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*Accessible by rear door of church*

God bless you! Fr. Bob

## Parish Stewardship

Holy Family depends on the generous and consistent donations to the weekly collection from our community.

Weekly Parish Offertory Budget \$15,385

Offertory collected on 1/18	\$ 5,916
Online giving 1/18	<u>6,499</u>
Total for 1/18	\$12,415

Offertory collected on 1/25	\$ 6,250
Online giving 1/25	<u>6,499</u>
Total for 1/25	\$12,749

Church in Latin America 1/25 \$ 3,263



Need a simple way to donate, use this QR code or visit the link below to set up recurring donations or donate one time:

[hfdux.click/giving](https://hfdux.click/giving)

Thank you! We are a generous people and our God is a generous God.

## SPECIAL COLLECTION- END HUNGER NEW ENGLAND

**Next weekend** we will have a special collection raising money for our meal packaging event which will take place on **Saturday, March 28.**

Holy Family will once again partner with **End Hunger NE** by hosting a meal packaging event here at the parish. More information will be shared soon, including ways to volunteer and get involved.



Last year, our parish's generosity raised over **\$25,000**, funding and packaging **69,492**, meals for those in need. As we begin preparing for this year's event, we ask for your help as the cost has increased this year.



A **special collection** will be held at all Masses next weekend in support of our annual **End Hunger Lenten Service Project.**

For questions or to get involved, contact Jeanne Cregan at [jcregan@holyfamilyduxbury.org](mailto:jcregan@holyfamilyduxbury.org)

## MINISTRY VOLUNTEERS NEEDED

Holy Family is grateful for the many parishioners who help our community worship and gather well. We are currently seeking volunteers in the listed below areas. Training is provided, and both new and experienced volunteers are welcome.

### Liturgical Ministries at weekend Masses

- Ushers (especially at the 10:30 am)
- Greeters (welcoming parishioners as they arrive)
- Eucharistic Ministers
- PowerPoint Clickers (advancing slides during Mass)

Especially needed for the Saturday and Sunday 5 pm Masses. Even helping once a month makes a difference!

Contact Jeanne Cregan: [jcregan@holyfamilyduxbury.org](mailto:jcregan@holyfamilyduxbury.org)

### PowerPoint Slide Preparation (Behind the Scenes)

- Prepare PowerPoint slides for Masses with music
- Commitment of about 1-2 hours per week or twice per month
- Work is completed on site at Holy Family



Contact Mary Keefe: [mkeefe@holyfamilyduxbury.org](mailto:mkeefe@holyfamilyduxbury.org) or 781-934-5055 x116

### Parish Events & General Help



- Assembling packets and materials
- Setting up tables and event spaces
- Cutting materials or assisting at parish events
- Flexible commitment based on your availability

Sign up to receive opportunities as needs arise using the link below or scan QR Code.

[hfdux.click/volunteer](https://hfdux.click/volunteer)



## FY 2025 FINANCIAL REPORT / GRAND ANNUAL COLLECTION

Letters with donation envelopes have been mailed recently to all registered parishioners. If you did not receive one, please take a copy which can be found at the doors of the church.

**Thank you for your anticipated generosity!**

## Holy Hour for Life

TODAY **Sunday, February 1**  
2:00 pm in the Main Church



Join us to pray for the respect due to all human life

## Day of **OPEN DOORS** ASH WEDNESDAY **February 18**

**6 AM to 8 PM**

*Our doors are open all day! You may receive ashes, go to confession, pray alone, talk to or pray with one of our members, and/or attend Mass. The choice is yours!*



**MASS TIMES: 8:15 AM AND 6:00 PM**

**All Are welcome!** Postcards available in the Narthex - take one and invite your friends!

## 2026 CORI FORMS

Thank you to our greatly appreciated volunteers! Please complete your CORI's for 2026 for the Archdiocese of Boston. CORI's can be found in the front narthex, or by stopping by the parish office, and can be validated by a priest, staff member, or ministry head.

## TAX STATEMENTS

Parishioners who wish to have a tax statement of their contributions to Holy Family Parish for the year 2025 are asked to call Cheryl Provost at 781-934-5055 x-129 or email ([cprovost@holyfamilyduxbury.org](mailto:cprovost@holyfamilyduxbury.org)) at the Parish Office. A statement of your contributions will be mailed to you upon this request.

## LENTEN SMALL FAITH SHARING GROUPS

Sign-ups are now open for this year's Lenten small faith-sharing groups. Register using the QR code or the link: [hfdux.click/return-to-joy](https://hfdux.click/return-to-joy).



The theme for this year's groups is Return to Joy. Small groups offer a meaningful way to enter into Lent by gathering with others to reflect on faith, share prayer, and grow spiritually together. Through conversation and reflection, we seek to think with His mind and love with His heart, living out our parish vision.

Whatever draws you to join - it's the right reason. For more information, contact Jeanne Cregan at [jcregan@holyfamilyduxbury.org](mailto:jcregan@holyfamilyduxbury.org) or 781-934-5055 x114.

## APPALACHIAN SERVICE PROJECT

**June 20-27, 2026**

Only five spots remain for the Appalachia Service Project trip. Open to teens who will have completed ninth grade by June of 2026. Spots are filled first-come, first-served; a waiting list will be created once the trip is full.



### Deposit Reminder:

Registered participants who have not yet paid the initial deposit should do so at: [hfdux.click/ASP-deposit](https://hfdux.click/ASP-deposit)

**Questions?** Contact Marc Cregan at [ASP2026@holyfamilyduxbury.org](mailto:ASP2026@holyfamilyduxbury.org)



**Register:** Scan the QR code or visit [hfdux.click/ASP](https://hfdux.click/ASP)

## MAKE YOUR OWN KING CAKES!

**SUNDAY, FEBRUARY 15  
AFTER THE 9AM MASS**



Join us to make donut King Cakes, crafts, and to learn more about Ash Wednesday and Lent.

*This free event is geared towards families, but everyone is welcome.*

## ALL ARE WELCOME MINISTRY

Everyone is Invited! The Mary, Queen of Martyrs “All are Welcome” Ministry, it’s members, families, and friends of the LGBTQ+ Community invite you to join them for upcoming events. Their next meeting is on Wednesday, February 11 at 7 pm at the Parish Rectory located at 81 Court Street, Plymouth, MA. The ministry is committed to making all feel valued, respected, and loved. Please join them and learn more! Come to Mass on Sunday, March 11 at 11:30 am at Saint Kateri Church, 126 So. Meadow Rd., Plymouth as they celebrate God’s great love for each and every one of us. They will also enjoy a luncheon reception after Mass. Join for prayer, food, fellowship, and fun! In addition, on Sunday, March 22 at 11:30 am at Saint Kateri Church, the “All are Welcome” Ministry will host another Mass and luncheon.

## Holy Family Food Collection at Mass

We are collecting for our neighbors in need every weekend! Canned Goods/ Nonperishables for Local Food Banks. Special children’s offertory collection every Sunday at the 9 am Mass.



## NAZARETH FAMILY MINISTRY COMMITTEE

Help plan fun family events throughout the year! The Committee meets on the **Second Wednesday of the month** at **6:30 pm**, their next meeting will be **Wed., February 11 at 6:30 pm**. To learn more about becoming a member, please reach out to Jen Castricone [jcastricone@holyfamilyduxbury.org](mailto:jcastricone@holyfamilyduxbury.org).

## LIFE GIVING WOUNDS RETREAT

Life-Giving Wounds, in collaboration with Family Life, is offering a **one-day healing retreat for adult children (18+) of divorce or separation** on **Saturday, March 28**, from 9:00 am–5:00 pm at the Pastoral Center in Braintree. Cost is \$45 (\$25 for college students). For more information, visit [bit.ly/lifegivingwoundsretreat](http://bit.ly/lifegivingwoundsretreat).



### FIRST FRIDAY / EVENING CONFESSIONS

This Friday, Feb. 6 from 6:30 – 7:30 pm in the church Reconciliation Room. Enter by way of the rear door of the church.

## RESPECT LIFE COMMITTEE

The Respect Life Committee’s mission is: “By the grace of God, we seek to build a culture of life and to provide mothers the support necessary to deliver, nurture and foster faith in their children.”



Below is some educational information about Pregnancy Resource Centers that the committee has shared as well as an invitation to join their mission

### Did you know?

- Pregnancy Resource Centers offers help for women facing an unexpected pregnancy, women in need of shelter, and women needing to talk to someone following an abortion. The services vary but nearly all are free and completely confidential for women seeking help. If you are facing a difficult life situation, a compassionate and caring person can be your lifeline. There are 33 Pregnancy Resource Centers (PRCS) in Massachusetts.
- PRCs are funded from :
  - Private Donors: Individual contributions are a major source.
  - Churches & Religious Organizations which are significant funders.
  - National Networks: Organizations like Heartbeat International, Care Net, and NIFLA provide substantial support.
  - Government Funds (Indirectly): Some federal and state dollars flow to PRCs via broader programs, though these aren't direct health funding.

The next Respect Life Committee meeting is scheduled for Saturday, February 14 from 8:30-9:30 am, in the Parish Center. All are invited and welcome to join the Respect Life Committee meetings and to join them every Thursday after the 8:15 am Mass to Pray A Rosary for Life.

  
**LuAnn Luke**  
 designs

**TIME TO  
 UPDATE**

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## Holy Family Staff

*\*Asterisk indicates e-mail address is first initial of first name plus last name@holyfamilyduxbury.org*

- Pastor** Very Rev. Robert J. Deehan, V.F.\*
- Senior Assistant** Rev. James Ronan\*
- Deacons** Donald R. Larose\* | David Cosgrove\*
- Senior Deacon** Arthur J. Keefe
- Pastoral Associate** Jeanne Cregan\*
- Finance & Operations Manager** Cheryl Provost\*
- Parish Admin. Assistant** Kristen McArdle
- Coordinator/Family Faith Formation** Jen Castricone\*
- Family Faith Formation Minister (p/t)** Jackie Halpin Curran\*
- Faith Formation Adm Asst (p/t)** Mary Juliano Hayes\*
- Media Specialist (p/t)** Abby Cirincione\*
- Music / Liturgy Director** Mary Keefe\*
- Accompanist (p/t)** Brian Pierce\*
- Maintenance / Custodian (p/t)** Tim Heinstadt\*

**BULLETIN DEADLINE: Friday 10 AM \***

*\*For the second Sunday thereafter.*

*Subject to change due to occasional early deadline date*

## REGULAR MEETINGS

### Christian Men in Discussion

Saturdays at 7:30 am-8:30 am

Contact Deacon Donald Larose

dlarose@holyfamilyduxbury.org

### Daytime Bible Study

Thursday (Sept.-June) at 10:00 am-11:30 am

### The Respect Life Committee

Second Saturday of the month 8:30 am -

9:30 am Contact Colleen Larose at

clarose1960@outlook.com

### The Prayer Shawl Ministry

First Tuesday of each month from 1 pm to 2

pm Contact Mary Jane Roche at 781-264-

4943

### Order of Christian Initiation of Adults (OCIA)

Contact Jeanne Cregan at

jcregan@holyfamilyduxbury.org

## PARISH PASTORAL COUNCIL

**Vice-Chairperson** Aimee Casale-McCarthy

**Chairperson** Fr. Bob Deehan

**ex-officio** Jeanne Cregan

Maeve Bresnehan (youth), Mae Pike (youth), Luke Uitti (youth), Mary Cullity, Dave Doyle, Susan Gandt, Chad Joyce, Dan Mastrogiacomio, Fran Russell, Kathy Turok, Jack Webb.



## PARISH FINANCE COUNCIL

**Chairperson** Paul Casale

**ex-officio** Fr. Bob Deehan

**ex-officio** Cheryl Provost

Paul Brogna, Tom Kazanowski, Belinda MacLaren, David Madigan

**PARISH OFFICE HOURS** - Monday through Thursday - 9 am to 4 pm. Friday 9 am to 12 noon.

**FACING A LIFE CHALLENGE?** - Our parish Stephen Ministry offers one-on-one confidential care and support. Contact Deacon Don Larose at 781-635-5502 or Colleen Larose at 339-832-2366.

### **ITHIRST SUPPORT FOR THOSE EXPERIENCING ADDICTION AND/OR FOR THEIR LOVED ONES** -

Sponsored by the Archdiocese of Boston, this ministry offers confidential, caring and spiritual support to those experiencing addiction and/or to their loved ones. Local contacts are Eileen Cerne at 781-424-8533 or Paul Kasimatis at 781-934-5890.

## HOLY FAMILY PRAYER LINE

781-934-5055 (ext. 133)

*Leave your name and specific Prayer Request*



### SACRAMENT OF MARRIAGE

Engaged couples should contact the Parish Office at least 6 months prior to the proposed date and before finalizing reception plans.



### SACRAMENT OF BAPTISM

Baptism: 2nd and 4th Sunday of each month 12:30 pm. Contact the Parish Office to register.

**AUTO ANGELS**- If you need a ride to Sunday Mass, please call Jackie Barbieri: 508-423-1803

**ST. VINCENT dePAUL**- Emergency financial assistance: 781-361-3595

**DRIVEN TO AID** -Transportation to medical appointments. Contact Deacon Art Keefe: 781-264-0473

**PASTORAL VISITATION** When confined to home, please call the Parish Office to arrange for a visit and Holy Communion

**MY BROTHER'S KEEPER** - If you would like to donate new or used furniture in excellent condition, please call Deacon Don Larose at 781-635-5502

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