

FIFTH SUNDAY IN ORDINARY TIME

YOUR LIGHT MUST
SHINE.

— MATTHEW 5:16 —



HOLY FAMILY DUXBURY | A ROMAN CATHOLIC PARISH

WWW.HOLYFAMILYDUXBURY.ORG

FEBRUARY 8, 2026



Welcome to Holy Family! We are so happy that you are here with us!

Mass Intentions

- Saturday, February 7
 - 5:00 pm Genevieve Stauble - Anniversary
- Sunday, February 8
 - 7:30 am Our Parishioners
 - 9:00 am David Collins - Anniversary
 - 10:30 am John Slattery - Memorial
 - 5:00 pm Carolyn Cunningham - Memorial
- Monday, February 9
 - 8:15 am Nancy Garvey - Anniversary
- Friday, February 13
 - 8:15 am Margaret Hoffman - Memorial
- Saturday, February 14
 - 5:00 pm Harry, Rose & Francis Shea - Memorial
- Sunday, February 15
 - 7:30 am Our Parishioners
 - 9:00 am Mark Rose - Anniversary
 - 10:30 am Mary-Ann Coyne - Memorial
 - 5:00 pm Anne Marie Collins & Anne Goodwin - Mem

Sanctuary Light given this month in loving memory of Anne Marie Collins and Anne Goodwin from Christine Barrett

† SCHEDULE

WEEKEND MASS TIMES

SATURDAY

5:00 PM

SUNDAY

7:30 AM, 9:00 AM,
10:30 AM, 5:00 PM

The 9:00 am Mass offers **Children's Liturgy of the Word** and is **live-streamed** at www.holyfamilyduxbury.org (Scroll down on the homepage to find the live stream)

DAILY MASS TIMES

MON- FRI: 8:15 AM *in the main church*

CHAPEL HOURS

OPEN FOR PRIVATE PRAYER DAILY
9:00 AM to 4:00 PM

EUCCHARISTIC ADORATION

FRIDAYS: After 8:15 AM Mass ending at 7 PM.
Evening Prayer and Benediction: 5:00 PM

CONFESSIONS

SATURDAY

4:00-4:45 PM

FIRST FRIDAYS

6:30-7:30 PM

Accessible by rear door of church

Pastor's Corner

Over the last year or more, I have observed some older Eucharistic Ministers and Lectors, as well as our weekend senior assistant, Fr. Jim Ronan having difficulty going up and down the altar sanctuary stairs without something to hold onto. With the unanimous support of the members of our Parish Pastoral Council and Parish Finance Council, and the approval of Archbishop Henning, we are in the process of having constructed and installed 4 custom made handrails for our rather expansive altar sanctuary. These handrails will be located at the front 2 corners of the altar platform, and by the wall on the right rear side of the sanctuary, and on the left side adjacent to the altar server seats near the pulpit. The wood to be used for the handrails will blend in with the wood of the sanctuary. These new additions will help assure the safety and stability of our liturgical ministers and others who will use these stairs.

This project will cost approximately \$8,000. If you would like to contribute toward the cost of this improvement, I invite you to make a donation in honor/memory of someone, and provide that information with your check payable to Holy Family Parish. Then, you can either send it in to our parish office or place it in the offertory collection basket. We will publish a list of donors and the person in whose memory/honor the gift was given in an upcoming parish bulletin. Thank you in anticipation of your generosity.

God bless you!
Fr. Bob



Parish Stewardship

Holy Family depends on the generous and consistent donations to the weekly collection from our community.

Weekly Parish Offertory Budget	\$15,385
Offertory collected on 2/1	\$ 6,250
Online giving 2/1	<u>6,499</u>
Total for 2/1	\$12,749
Church in Latin America 2/1	\$ 3,263



Need a simple way to donate, use this QR code or visit the link below to set up recurring donations or donate one time:

hfdux.click/giving

Thank you! We are a generous people and our God is a generous God.

SPECIAL COLLECTION- END HUNGER NEW ENGLAND

A special collection will be held at all the doors this weekend in support of our annual End Hunger Lenten Service Project, which will take place on **Sat., March 28**.

Holy Family will once again partner with **End Hunger NE** by hosting a meal packaging event here at the parish. More information will be shared soon.



Three ways to help!

1. **Pray** for those packaging and receiving meals from this initiative.
2. **Donate** - by scanning the QR Code below or by check made out to "Holy Family" with "End Hunger" in the memo.
3. **Watch** for volunteer slot sign-ups coming soon!

You can also scan the QR code to make a donation or visit: hfdux.click/End-hunger

For questions or to get involved, contact Jeanne Cregan at jcregan@holyfamilyduxbury.org



Once a year, Catholics in the Archdiocese are asked to join together to support their parish and the greater Church by contributing to the Catholic Appeal. Many of you have received a letter from Archbishop Henning inviting you to join him in offering early support to the 2026 Catholic Appeal. We hope you will respond to his invitation with a generous gift, knowing that each contribution has a significant impact on the lives of thousands across the Archdiocese of Boston. You can make a gift by returning your pledge card or by making an online donation at www.bostoncatholicappeal.org. For those who have already made a gift, thank you!

MINISTRY VOLUNTEERS NEEDED

Holy Family is grateful for the many parishioners who help our community worship and gather well. We are currently seeking volunteers in the listed below areas. Training is provided, and both new and experienced volunteers are welcome.

Liturgical Ministries at weekend Masses

- Ushers (especially at the 10:30 am)
- Greeters (welcoming parishioners as they arrive)
- Eucharistic Ministers
- PowerPoint Clickers (advancing slides during Mass)

Especially needed for the Saturday and Sunday 5 pm Masses. Even helping once a month makes a difference!

Contact Jeanne Cregan: jcregan@holyfamilyduxbury.org

PowerPoint Slide Preparation (Behind the Scenes)

- Prepare PowerPoint slides for Masses with music
- Commitment of about 1-2 hours per week or twice per month



- Work is completed on site at Holy Family

Contact Mary Keefe: mkeefe@holyfamilyduxbury.org or 781-934-5055 x116

FY 2025 FINANCIAL REPORT / GRAND ANNUAL COLLECTION

Letters with donation envelopes have been mailed recently to all registered parishioners. If you did not receive one, please take a copy which can be found at the doors of the church.

Thank you for your anticipated generosity!

NAZARETH FAMILY MINISTRY COMMITTEE

Help plan fun family events throughout the year! The Committee meets on the **Second Wednesday of the month at 6:30 pm**, their next meeting will be this **Wed., February 11 at 6:30 pm**. To learn more about becoming a member, please reach out to Jen Castricone jcastricone@holyfamilyduxbury.org.

PARISH VOLUNTEER TRAINING

Attending safe environment training, Protecting God's Children (PGC), is a requirement put forward by the United States Conference of Catholic Bishops. All our volunteers are required to take this one-time training. If you have not taken PGC, please register for our upcoming session on Sunday, March 8 at 6:15 pm in the Parish Center.

To sign up:

Go to virtusonline.org

→Click on "First-time Registrant"

→"Begin the registration process"

→Select "Boston, MA (Archdiocese)"

→Sign up

→Then click "Register for Training"

→Select the training session at 6:15 pm on Sun., March 8 at Holy Family.



For questions, please contact Mary Juliano Hayes at 781-934-5055 x-128.

2026 CORI FORMS

Thank you to our greatly appreciated volunteers! Please complete your CORI's for 2026 for the Archdiocese of Boston. CORI's can be found in the front narthex, or by stopping by the parish office, and can be validated by a priest, staff member, or ministry head.

TAX STATEMENTS

Parishioners who wish to have a tax statement of their contributions to Holy Family Parish for the year 2025 are asked to call Cheryl Provost at 781-934-5055 x-129 or email (cprovost@holyfamilyduxbury.org) at the Parish Office. A statement of your contributions will be mailed to you upon this request.

ALL ARE WELCOME MINISTRY



Everyone is Invited! The Mary, Queen of Martyrs "All are Welcome" Ministry, it's members, families, and friends of the LGBTQ+ Community invite you to join them for upcoming events. Their next meeting is on **Wednesday, February 11 at 7 pm** at the Parish Rectory located at 81 Court Street, Plymouth, MA.

The ministry is committed to making all feel valued, respected, and loved. Join them for Mass on **Sunday, March 11 and / or Sunday, March 22 both at 11:30 am** at **Saint Kateri Church, 126 So. Meadow Rd., Plymouth** as they celebrate God's great love for each and every one of us. There will also be a luncheon reception after Mass.

BEST LENT EVER DO YOU BELIEVE IN MIRACLES?

This Lent, join Matthew Kelly and Catholics across America on a journey to discover how God miraculously intervenes in human history—and your everyday life. Are you ready to see miracles all around you? Sign up here: <https://www.dynamiccatholic.com/lent.html#>

APPALACHIAN SERVICE PROJECT

June 20–27, 2026

Open to teens who will have completed ninth grade by June of 2026. The next trip meeting for teens and chaperones is this Monday, February 9 at 7 pm.



Deposit Reminder:

Registered participants who have not yet paid the initial deposit should do so at: hfdux.click/ASP-deposit

Questions? Contact Marc Cregan at ASP2026@holyfamilyduxbury.org



Register: Scan QR code or visit hfdux.click/ASP

Lenten Offerings

SUNDAY, FEBRUARY 15

MAKE YOUR OWN KING CAKES!



After the 9 AM Mass
Join us to make donut King Cakes, crafts, and to learn more about Ash Wednesday and Lent.
This free event is geared towards families, but everyone is welcome.

FRIDAY, FEBRUARY 20

STATIONS OF THE CROSS & PIZZA



Every Friday during Lent at 5 PM!
Please join us in the church for stations. Following stations, please come for pizza in the parish center. Stations are family friendly, as is the atmosphere, but all are welcome!

STARTING WEEK OF FEBRUARY 15

PICK UP A MITE BOX TO END HUNGER

Pick up a Mite Box in the Narthex. These Mite Boxes are our Almsgiving. We make sacrifices during Lent and donate the money to our Meal Packaging event.



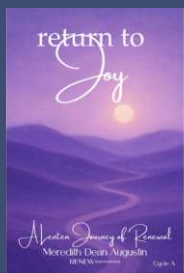
THURSDAY, MARCH 19 AT 7 PM

LENTEVENING OF REFLECTION

Join us for an opportunity to take a pause during the season of Lent and reflect on our own journey of conversion. Visiting priests will be available for individuals to receive the Sacrament of Reconciliation at the conclusion of the reflection.

STARTING WEEK OF FEBRUARY 15

LENTE SMALL FAITH SHARING GROUPS



This Lent, *Return to Joy*. Groups meet once a week, with various days and times available.



Register

Join a small group to connect, pray, and grow in faith Register using QR code or at www.hfdux.click/return-to-joy

SATURDAY, MARCH 28

END HUNGER MEAL PACKING EVENT



Donate

WEDNESDAY, FEBRUARY 18

DAY OF OPEN DOORS

Ash Wednesday | 6 AM to 8 PM

Our doors are open all day! You may receive ashes, go to confession, pray alone, talk to or pray with one of our members throughout the day.

Mass Times: 8:15 AM and 6:00 PM



Save the date!

Our annual End Hunger Meal Packaging event is coming soon! Watch for sign-ups, and help us prepare by supporting our fundraising efforts through Mite Boxes and a special collection.

STARTING ASH WEDNESDAY

LENT RESET

Need a daily nudge this Lent?
Join the Lent Reset!



Starting Ash Wednesday, you'll receive a daily text with simple practices to recenter your faith through prayer, reflection, and self-care.

Register using the QR code or at www.hfdux.click/Lent-Reset



Register

WHY WE OBSERVE LENTEN PRACTICES

During Lent, the Church invites us to fast and abstain as simple ways that our bodies help our hearts remember Christ's sacrifice and stay open to conversion.

LENTE GUIDELINES

These practices are meant to guide us, not burden us - each person is encouraged to participate prayerfully.

- Abstinence from meat on Ash Wednesday and all Fridays of Lent (ages 14+)
- Fasting on Ash Wednesday and Good Friday (ages 18-59): one full meal, with up to two smaller meatless meals; liquids are allowed.


LuAnn Luke
 designs

**TIME TO
 UPDATE**

CUSTOM INTERIOR FURNISHINGS
 by LUANN HOFMAIER-LUKE
 453 WASHINGTON ST DUXBURY, MA
 LUANNLUKEDESIGNS.COM 781-934-5455
 LUANNLUKEDESIGNS@GMAIL.COM

**Exceptional Assisted
 Living and Memory Care
 right here in Duxbury –
 all on one campus.**

 **Allerton House**
 Assisted Living Community


Duxbury House
 At The Village
 MEMORY CARE RESIDENCE

For more information or
 to schedule a visit, call
781-298-0297



SHEPHERD
 Funeral & Cremation Service

Andrew A. Frates - President
 Adam Frates - Vice President • Janice M. Frates - Funeral Dir.
 Kingston • Carver
 phone 781-585-4453 • fax 781-206-2625
 shepherdfuneralhome.com

ESTATE PLANNING | ELDER LAW | TAX

D&T

DesRosiers & Tierney, LLC
 Attorneys at Law

James M. Tierney, Esq., CPA, LL.M.
 Brian J. DesRosiers, Esq., LL.M.
 www.DTSEstateLaw.com

21 Railroad Avenue
 Ste. 2, Duxbury



Call for a complimentary consultation 781-934-5060

*The coverage you need at
 a price you can afford!*

McDONOUGH INSURANCE LLC
 HOMEOWNERS • LIFE • AUTO • BOAT • BUSINESS

mcdonoughinsurance.com • 781-837-3345
 733 Plain Street (Rt. 139), Marshfield


EMPIRE
 WINE & SPIRITS

781-422-9999

Your Full-Service Neighborhood Liquor Store
 FINE WINE | BEER | LIQUOR | CIGARS | LOTTERY

We make it easy...
 So many ways to shop!

Online at www.empirewineandspirits.com
 or download our App!
 Curbside Pickup or Home Delivery.

IF YOU LIVE ALONE

MDMedAlert!™ As Low As

- ✓ Ambulance/Police
- ✓ Family/Friends
- ✓ GPS & Fall Alert

\$19⁹⁵
 /mo.

CALL NOW! 800.808.9294

md-medalert.com



catholicmatch®
 Massachusetts



CatholicMatch.com/MA

WE APPRECIATE OUR
 ADVERTISERS!

Catholic Appeal
 BOSTON 2026

Together we are **one**
ARCHDIOCESE OF BOSTON • CATHOLIC APPEAL

Your support of the 2026 Catholic Appeal will have a
 meaningful impact on our parishes, schools, and ministries
 that serve so many throughout our Archdiocese of Boston.

Please Support Our Mission!

Scan the QR code
 & Give Today!



LET'S GROW YOUR BUSINESS

Place Your Ad Here
 and Support Our Parish!

CONTACT ME
Karen Fontaine

kfontaine@4LPi.com
 (800) 477-4574 x6350

**DOES YOUR NONPROFIT
 ORGANIZATION NEED
 A NEWSLETTER?**

Engaging,
 ad-supported
 print and digital
 newsletters to reach
 your community.

Visit Ipicommunities.com

**OUR COMMUNITY
 NEWSLETTER**
 OCTOBER EDITION



Scan to
 contact us!



Ad info. 1-800-477-4574 • Publication Support 1-800-888-4574 • www.4lpi.com

Holy Family, Duxbury, MA

04-0477

*Honoring lives,
SHARING STORIES,
and Healing Hearts
ONE FAMILY AT A TIME*



A Life Celebration® Home
Plymouth, North Plymouth and Manomet
(508) 746-2162 • www.cartmelldavis.com • (508) 224-2252

MacDonald
FUNERAL HOME

Funeral Directors
J. Robert, Robert E.
Mark W., Steve P.

www.macdonaldfuneralhome.com
781.834.7320 • 781.834.7712 fax

NOLAN INSURANCE AGENCY

A FAMILY INSURANCE AGENCY

DUXBURY | 781-285-7500
PLYMOUTH | 508-746-6099

Safety Insurance
AUTO • HOME • BUSINESS

KING
COLLISION CENTERS

PEMBROKE
PLYMOUTH
kingcollision.com

38 Schoosett Street, Pembroke
781-826-7575
48 Holman Road, Plymouth
508-747-2005

WALNUT TREE SERVICE

Emergency Services
Mindful - Powerful ✓ Since 2015
WalnutTreeService.com
THE MOST TRUSTED NAME IN THE TREE INDUSTRY

CALL US FOR A FREE ESTIMATE
(781)640-0377

TREE REMOVAL • TREE TRIMMING
ORNAMENTAL PRUNING
LOG REMOVAL • BRUSH CLEAN UP
CRANE SERVICES
LAND CLEARING • STORM DAMAGE
STUMP GRINDING
UTILITY LINE TREE CLEARING
FIREWOOD LOGS FOR SALE \$800/load
(we don't split the wood, delivery included)

BEFORE COMMITTING TO ANY TREE SERVICES, CALL US FOR THE BEST WINTER PRICE.

SUPPORT OUR PARISH



ROOFING, SIDING,
WINDOWS, GUTTERS
508-441-3161


ROOFING



FREE AD DESIGN

with purchase of this space

CALL 800-477-4574



KINGSTON FLORIST

Offering Daily Deliveries Throughout the South Shore

175 Summer St., Kingston, MA 02364 • KingstonFlorist175@gmail.com
781-585-8100

@KingstonFloristMA kingstonfloristandgifts.com KingstonFlorist

RESIDENTIAL Electrical Services INDUSTRIAL

DONOVAN ELECTRICAL CONSTRUCTION
781-826-0095

781-826-0095

EMERGENCY 24 HOUR SERVICE

ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

Authorized Provider SafeStreets 833-287-3502



the Best of Weddings 2024

Duxbury Bay Maritime School

DBMS Weddings
Offering special packages to fill our limited 2025 dates!

Did you know? We offer special occasions Birthdays • Showers • Memorials
Please contact events@dbms.org




GALVIN & GALVIN, PC
Attorney and Counselors at Law
EXPERIENCED, INVESTED & RELIABLE ADVICE

Robert W. Galvin, Esq.
rwgalvin@galvin-legal.com
10 Enterprise Street, Suite B, Duxbury, MA
Tel: (781) 934-5678 (781) 834-4224

OLD COLONY PLANNING COUNCIL

Ombudsman Program

Providing free, confidential advocacy for Long-Term Care & Assisted Living residents

VOLUNTEERS NEEDED!

www.oldcolonyplanning.org/ombudsman (774) 539-5119 ombudsman@ocpcrpa.org



BLUEFISH RIVER TAVERN

581 Tremont Street, Duxbury, Ma 02332 339.217.2115 www.brtavernduxbury.com



Dusting Pro
CLEANING SERVICES

774-360-1980

RESIDENTIAL AND OFFICE CLEANING
Serving Plymouth & the South Shore

20% OFF FIRST TIME CLEANING exclusively for church members.

www.dustingprocleaning.com info@dustingprocleaning.com FAMILY OWNED & OPERATED • PARISHIONERS





Holy Family Staff

**Asterisk indicates e-mail address is first initial of first name plus last name@holyfamilyduxbury.org*

- Pastor** Very Rev. Robert J. Deehan, V.F.*
- Senior Assistant** Rev. James Ronan*
- Deacons** Donald R. Larose* | David Cosgrove*
- Senior Deacon** Arthur J. Keefe
- Pastoral Associate** Jeanne Cregan*
- Finance & Operations Manager** Cheryl Provost*
- Parish Admin. Assistant** Kristen McArdle
- Coordinator/Family Faith Formation** Jen Castricone*
- Family Faith Formation Minister (p/t)** Jackie Halpin Curran*
- Faith Formation Adm Asst (p/t)** Mary Juliano Hayes*
- Media Specialist (p/t)** Abby Cirincione*
- Music / Liturgy Director** Mary Keefe*
- Accompanist (p/t)** Brian Pierce*
- Maintenance / Custodian (p/t)** Tim Heinstadt*

BULLETIN DEADLINE: Friday 10 AM *

**For the second Sunday thereafter.*

Subject to change due to occasional early deadline date

REGULAR MEETINGS

Christian Men in Discussion

Saturdays at 7:30 am-8:30 am

Contact Deacon Donald Larose

dlarose@holyfamilyduxbury.org

Daytime Bible Study

Thursday (Sept.-June) at 10:00 am-11:30 am

The Respect Life Committee

Second Saturday of the month 8:30 am -

9:30 am Contact Colleen Larose at

clarose1960@outlook.com

The Prayer Shawl Ministry

First Tuesday of each month from 1 pm to 2

pm Contact Mary Jane Roche at 781-264-

4943

Order of Christian Initiation of Adults (OCIA)

Contact Jeanne Cregan at

jcregan@holyfamilyduxbury.org

PARISH PASTORAL COUNCIL

Vice-Chairperson Aimee Casale-McCarthy

Chairperson Fr. Bob Deehan

ex-officio Jeanne Cregan

Maeve Bresnehan (youth), Mae Pike (youth), Luke Uitti (youth), Mary Cullity, Dave Doyle, Susan Gandt, Chad Joyce, Dan Mastrogiacomio, Fran Russell, Kathy Turok, Jack Webb.



PARISH FINANCE COUNCIL

Chairperson Paul Casale

ex-officio Fr. Bob Deehan

ex-officio Cheryl Provost

Paul Brogna, Tom Kazanowski, Belinda MacLaren, David Madigan

PARISH OFFICE HOURS - Monday through Thursday - 9 am to 4 pm. Friday 9 am to 12 noon.

FACING A LIFE CHALLENGE? - Our parish Stephen Ministry offers one-on-one confidential care and support. Contact Deacon Don Larose at 781-635-5502 or Colleen Larose at 339-832-2366.

ITHIRST SUPPORT FOR THOSE EXPERIENCING ADDICTION AND/OR FOR THEIR LOVED ONES - Sponsored by the Archdiocese of Boston, this ministry offers confidential, caring and spiritual support to those experiencing addiction and/or to their loved ones. Local contacts are Eileen Cerne at 781-424-8533 or Paul Kasimatis at 781-934-5890.

HOLY FAMILY PRAYER LINE

781-934-5055 (ext. 133)

Leave your name and specific Prayer Request



SACRAMENT OF MARRIAGE

Engaged couples should contact the Parish Office at least 6 months prior to the proposed date and before finalizing reception plans.



SACRAMENT OF BAPTISM Baptism: 2nd and 4th Sunday of each month 12:30 pm. Contact the Parish Office to register.

AUTO ANGELS- If you need a ride to Sunday Mass, please call Jackie Barbieri: 508-423-1803

ST. VINCENT dePAUL- Emergency financial assistance: 781-361-3595

DRIVEN TO AID -Transportation to medical appointments. Contact Deacon Art Keefe: 781-264-0473

PASTORAL VISITATION When confined to home, please call the Parish Office to arrange for a visit and Holy Communion

MY BROTHER'S KEEPER - If you would like to donate new or used furniture in excellent condition, please call Deacon Don Larose at 781-635-5502

WWW.HOLYFAMILYDUXBURY.ORG



Facebook:

@HolyFamilyDuxbury



Phone

781-934-5055



Instagram:

@HolyFamilyDux



601 Tremont Street
Duxbury MA, 02332



Newsletter:

Text 84576 to
subscribe!



Email

office@holyfamilyduxbury.org